

Role of Nitrogen-Fixing Legume Crops to the Productivity of Agricultural Systems

**S.R. Jakhar^{1*} C.R. Kantwa¹
and R. Sutaliya²**

¹Krishi Vigyan Kendra, Ratlam -
457340 (M.P), India

²Agricultural Research Sub
Station, (Agriculture University,
Jodhpur),
Samdari, Barmer-344021 (Raj.),
India



*Corresponding Author

S.R. Jakhar*

E-mail: soilshish1993@gmail.com

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INTRODUCTION

Approximately 80% of Earth's atmosphere is nitrogen gas (N₂). Unfortunately, N₂ is unusable by most living organisms. Plants, animals, and microorganisms can die of nitrogen deficiency, surrounded by N₂ they cannot use. All organisms use the ammonia (NH₃) form of nitrogen to manufacture amino acids, proteins, nucleic acids, and other nitrogen-containing components necessary for life. Biological nitrogen fixation (BNF) is the process that changes inert N₂ into biologically useful NH₃. This process is mediated in nature only by N-fixing rhizobia bacteria (*Rhizobiaceae*, α -*Proteobacteria*) (Sorensen & Sessitsch, 2007). Other plants benefit from N-fixing bacteria when the bacteria die and release nitrogen to the environment, or when the bacteria live in close association with the plant. In legumes and a few other plants, the bacteria live in small growths on the roots called nodules. Within these nodules, nitrogen fixation is done by the bacteria, and the NH₃ they produce is absorbed by the plant. Nitrogen fixation by legumes is a partnership between a bacterium and a plant. Legumes are plants that bear their seeds in pods. They differ markedly from grasses, cereals and other non-legume crops because much of the nitrogen they require is produced through fixation of atmospheric nitrogen by bacteria in nodules on their roots. As a result, legumes are rich in protein. World-wide more than 16,000 species of legumes are known, including herbs, shrubs and trees, but only about 200 are cultivated.

BNF can take many forms in nature, including blue-green algae (a bacterium), lichens, and free-living soil bacteria. These types of nitrogen fixation contribute significant quantities of NH₃ to natural ecosystems but not to most cropping systems, with the exception of paddy rice. Their contributions are less than 5 lb of nitrogen per acre per year. However, nitrogen fixation by legumes can be in the range of 25–75 lb of nitrogen per acre per year in a natural ecosystem, and several hundred pounds in a cropping system (Frankow-Lindberg & Dahlin, 2013; Guldan et al., 1996; & Burton, 1972).

Amounts of BNF

In view to understand legume N₂ fixation and N-cycling in a farming system the following terms are essential to know:

Terms used to describe legume N₂ fixation and N-cycling in farming systems

Term	Meaning
N ₂ fixation	The reduction of atmospheric nitrogen (N ₂) gas to ammonia (NH ₃). N fixation in legumes is a biological process in which root nodule bacteria (rhizobia) fix N ₂ via the enzyme nitrogenase.
Total crop N fixed	The total contribution of N ₂ fixation to legume biomass, including above-ground vegetation and below-ground roots and nodules. In legumes, 30-50% of total crop N is in the below ground portion of the plant.
Crop N balance	The difference between N inputs and N outputs. N inputs are N ₂ fixation + fertilizer N (if applied). Outputs are the N in harvested grain or hay/fodder + N lost through volatilization and leaching.
NO ₃ -N benefit	The extra NO ₃ -N available after a legume; best described as the difference between soil NO ₃ -N when the legume was sown and NO ₃ -N at sowing of the following crop.

Nitrogen fixation by crop legumes has now been estimated in many studies. Average

amounts of N fixed range from 60 kg N /ha for lentils to 183 kg N/ha for Faba bean (Table 1).

Table 1: Estimates of N₂ fixation by different legume crops

Crop	Average crop N fixed (kg.N/ha)
Faba bean	183
Ground nut	150
Pigeonpea	146
Green gram	112
Cowpea	110
Soybean	92
Mung bean	80
Pea	80
Chickpea	70
Lentils	60

Benefits of Legumes in Crop Rotations

1. Uptake of legume N by following crops

- In the legume-cereal sequence, the legume crop uses most of the N₂ it fixes during the growing season (about 60% BNF out of total N requirement), eliminating the cost of fertilizer N to produce a crop. After harvest, about 20-30% of BNF-N is mineralized from the legume residues in the form of NO₃-N to the succeeding crop, while adding a lot of N

(70-80% of BNF-N) to native soil organic matter. Further this cropping sequence reduces gaseous N losses as NO (a potent greenhouse gas) giving environmental benefit.

In the cereal-cereal sequence, fertilizer N is applied to the first cereal crop and no N is released after harvest. In fact, there is a deficit because of the high C:N ratio of the cereal stubbles and eventually a net immobilization occurs and gaseous N losses.

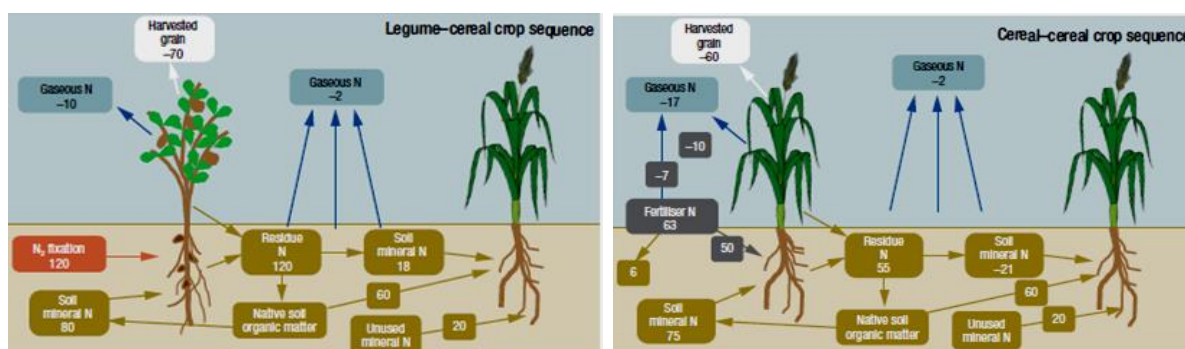


Fig. 1: Contrasting N-cycling in legume-cereal and cereal-cereal crop sequence. The values for N (kg/ha) in the boxes are a combination of experimental data and simulated estimates

- A notable feature of the decomposition and release of N from legume organic material is that, after a period of time, the subsequent rate of mineralization becomes quite slow, regardless of the initial quality of the residues, so that the legume N not mineralized during the first season becomes available only very slowly thereafter (usually <5-10% per year) for successive crops (Fillery, 2001). This suggests that legumes are an efficient short-term source of N (Hesterman et al., 1987, & Harris et al., 1994). Certainly <15% of the N in a following crop appear to be derived from the prior legume. However, there are also situations where legume sources have provided a significant proportion (20~33%) of the next crop's N requirements, as residual N from legumes.
- This ignores the potentially large amounts of below-ground legume N associated with, or derived from, roots and nodules (Rochester et al., 1998; & Khan et al., 2002). Wheat (*Triticum aestivum*) has been reported to utilize between 3-10% of the residual below-ground N from a previous lupin crop (McNeill & Fillery, 2008), or 8% and 15% of the below-ground N of prior faba bean and chickpea crops, respectively (Khan, 2000).
- The below-ground legume N plays a key role in contributing to the soil pool of particulate organic matter (Schwenke et al., 2002) and may be the source between 30-75% of the total mineral N accumulating after legumes (Evans et al., 2003). Thus the below-ground pool of legume N appears to be an important source of N for following crops.

2. Rotational benefits not related to N

2.1. Impacts on soil structure or nutrient and water availability

- There is evidence that legume species such as chickpea, pigeon pea and white lupin (*Lupinus albus*) can mobilize fixed forms of soil phosphorus by the secretion of organic acids such as citrate and malate (and other compounds) from their roots (Hocking, 2001) and influence supply of plant-available phosphorus for subsequent crops (Nuruzzaman et al., 2005).
- Tap-rooted legume species can also assist the roots of following crops to explore a

larger soil volume through improvements in soil aggregate structure and organic carbon (Rochester et al., 2001; & Shah et al., 2003), the penetration of soil hardpans, and by providing a continuous network of residual root channels and macro-pores in the subsoil (e.g. Lesturgez et al., 2004).

- Species such as pea use less water than other crops (Merrill et al., 2007). Such carryover of available soil water after legumes has been identified as an important factor contributing to higher yields by following wheat crops (Miller et al., 2002).

2.2. Impacts on soil biology

- Legumes can also influence the populations of specific rhizosphere organisms which may compete, antagonize or suppress pathogens (Kirkegaard et al., 2008). Some legumes appear to reduce the survival of certain species of nematodes.
- Legumes also encourage mycorrhizal associations that assist nutrient uptake, and stimulate the activity of a plethora of soil organisms such as earthworms (Jensen & Hauggaard-Nielsen, 2003; & Lupwayi & Kennedy, 2007).
- Legumes in rotations also result in greater microbial activity and diversity in soils (Lupwayi & Kennedy, 2007).
- Some symbioses also influence the composition of the microbial population in the legume's rhizosphere *via* the release of molecular hydrogen (H₂) as a by-product of symbiotic N₂fixation in legume nodules. About 35% of the energy consumed in the overall nitrogenase activity goes towards H₂production (Hunt & Layzell, 1993). In some legume systems, the rhizobial bacteria (*Bradyrhizobium* sp.) possess a hydrogenase uptake system (uptake hydrogenase, designated Hup+) that is able to recycle almost all of the H₂ evolved and recover most of the energy that might otherwise be lost (Evans et al., 1988) and significantly increase grain yield of a succeeding barley crop by 48% or a succeeding maize (*Zea mays*) crop by 32%.

Conclusions and Future Prospects

While the calculated inputs of fixed N by food legumes and the carryover of fixed N for the benefit of following crops may seem relatively small when compared to the 85 million t N

applied as fertilizer each year, there are a number of environmental and rotational advantages in relying upon N₂ fixation rather than fertilizer N to produce high-quality foods. Strategies are available to improve N₂ fixation beyond what is currently being achieved. Provided that a legume crop is abundantly nodulated and effectively fixing N₂, enormous benefits in terms of crop production and N₂ fixed can be derived from the application of good agronomic principles. But the ability to overcome constraints at the farm level to undertake the applied N₂ fixation research for farmers' benefits, continues to deteriorate rather than improve. Hence, there is a need for some strong policy intervention to redress this trend.

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